



# ALL IN PEDIATRICS

## The Importance of Well Child Visits



In some areas of the country, adequate pediatric care is foreign concept due to the shortage of pediatricians in rural America. While in our area, availability of a pediatrician is sometimes sparse, but still accessible. The arrival of immediate care clinics has changed the climate for all physicians, promoting only sick care in lieu of ongoing preventative care performed by primary care doctors, including pediatricians. The risks are

substantial for this type of sick only care.

Pediatricians are trained specifically to care for children, who are not just miniature adults. A child's developing body requires care from a physician who is trained to diagnose and treat childhood health problems, but if a child is not seen by a pediatrician at least yearly, many developmental problems may go undiagnosed with potentially serious results. An annual well child visit through age 18 affords your child the singular focus of a pediatrician to assess the whole child, physically and emotionally, and most insurances cover one well child visit per year.

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## Sports Physicals

As the school year draws to a close, the last thing on your mind is your child's sports physical form for next school year. Don't get caught in the last minute rush, book your child's annual well child visit and we will complete the form for you at that visit.



If your child has had a well child visit in the calendar year, we can sign your child's sports physical form without having to see him/her again.

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# Hepatitis A Update



By now you are no doubt well aware of the recent outbreak of Hepatitis A in our area. Since the the early 2000's children have been vaccinated against the illness as part of international travel recommendations and according to school vaccination requirements. Part of the reason for the current outbreak is that people over the age of 12 may not have been vaccinated, so they are susceptible to contracting the illness.

Hepatitis A is spread fecal to oral transmission, similar to the more typical stomach viruses. Good hygiene including frequent hand washing is essential to stopping the spread of the illness. One should wash with soap and water to eliminate the risk. Simple alcohol based hand sanitizers are not sufficient in stopping the spread of the illness. If you are concerned that you may have been exposed, you are advised to receive the vaccine as soon as possible. The vaccine is 85% effective in preventing the disease after the first dose if the vaccine is given within the 15 days of exposure. The second dose is administered 6 months after the first.

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## Find Us At These Local Events



We're taking our show on the road!! Well... that's probably over exaggerating, but we are going to be out and about in our communities the next few weeks. Come find us and bring your friends to receive some freebies!

West Washington Elementary Career Day - Wednesday, May 9th

Friday Night on the Square - Salem Square May 18th

Healthy Kids Fair Color Walk sponsored by Blue River Services - Saturday, May 12th  
10am-12pm at Buffalo Trace Park

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### New Albany Office Hours

Monday- Thursday 8am-8pm

Friday 8am-5pm

Saturday 8am-12pm

### Walk-In Hours

Monday-Saturday 8-10am

Monday-Thursday 4-6pm

### Salem Office Hours

Monday-Friday 8:30am-5pm

### Walk-In Hours

Monday-Friday 8:30-10am

Monday-Friday 2-4pm

**Call for an appointment: 812-949-0405**

[Visit Our Website](#)

STAY CONNECTED:

