



ALL IN PEDIATRICS

Age Appropriate Books, Movies, and More

If your's is like most families today, there is a constant struggle to find age appropriate media for kids of all ages. Reading to and with your kids is a great way to encourage learning, create active imaginations, and instill a love for reading, but with so much available, how do you choose?

We're going to help you out with some suggestions. Each newsletter we'll select one book, movie, or interactive media for a popular age group. This month's pick is...

- A Parcel of Courage - Interactive picture book with puzzles; ages 3-7

A Parcel of Courage is a storybook app with 15 interactive games, seven tasks, and four games created for kids. Based on a true story, the kids help their grandma – who is afraid of flying in an airplane – gain the courage to fly to visit them. Players help the kid characters bake "chocolate courage cookies" to send to grandma. Among other skills practiced on this app, kids use spatial skills to pack a suitcase, prepare an envelope to send a letter, and match numbers to sets of items. Note: Kids can only access part of the I Play mode on the free version. The \$2.99 version includes full access to games.



Download from [iTunes](#).

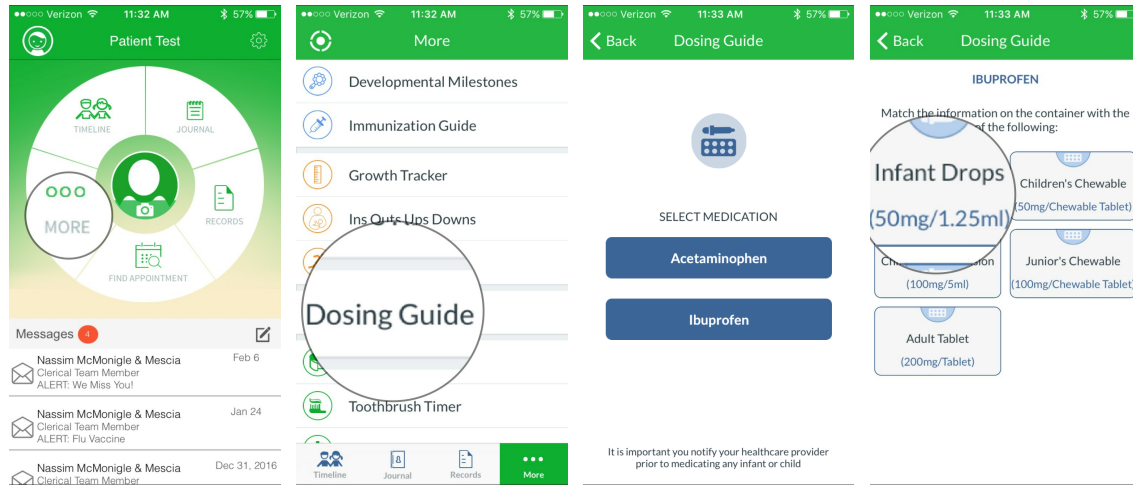
Healow Kids Feature Review

In our last newsletter we introduced you to Healow Kids, our mobile app, downloadable through your app store, that connects you with our practice. While Healow Kids is packed with features, we think it might be helpful to highlight one feature per month. This month's feature is the dosing chart for common drugs, such as Acetaminophen (Tylenol) and



Ibuprofen (Advil/Motrin).

Once you've downloaded and logged into Healow Kids you will see a wheel with options listed. Select the More link, which will take you to several other options. Select Dosing Chart. Once selected, you will be prompted to choose the medication you are administering. Healow will then display age appropriate dosages.



Salem Office Update

The brick is on and interior walls are going up! Things are happening quickly now at our new office. **We are anticipating an EARLY May opening!**

We ARE booking appointments for the Salem office starting the week of May 8th. Call (812)949-0405 to schedule your appointments.

Stay tuned for details on our Grand Opening events!



Refill Reminder

Please be mindful when requesting a refill of your child's controlled substance prescription that you need a minimum of 4-5 days for the order to be filled, as we need time to have the request reviewed by the prescribing physician and the delay

that may be incurred at the pharmacy when filling the prescription. Please do not wait until your child is down to the last few pills to request the refill. Additionally, requests can be made through Healow Kids.

Call for an appointment: 812-949-0405

Monday-Thursday 8am-8pm
Friday 8am-5pm
Saturday 8am-12pm

Walk-in Hours:
Monday-Saturday 8am-10am
Monday-Thursday 4pm-6pm

[Visit Our Website](#)

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